

Annex (46)

Occupational Health Services

In addition to the National Health Regulatory Authority health requirements, technical standards, and safety requirements to be available in the premises and fittings of healthcare facilities, healthcare facilities wishing to add occupational health service, or license a healthcare facility specialized in occupational health, must have the following:

Medical Equipment:

- 1- Electrocardiogram (ECG).
- 2- Spirometry.
- 3- Audiometry.
- 4- Blood analysis machine (CBC, blood sugar, lipids, kidney and liver functions)
- 5- Radiology and laboratory analysis either at the centre or contract with a licensed laboratory.
- 6- Availability of heavy metal tests either at the centre or contract with a licensed laboratory.

Medical, technical and nursing staff:

- 1- Availability of NHRA licensed consultant or specialist in occupational health safety, working full or part-time at the facility.
- 2- Family doctors or GP doctors with experience in occupational health (three to five years) and hold a certificate in Basic occupational health & safety.
- 3- Professional nurses licensed by NHRA holding (diploma in nursing and training courses in occupational medicine)
- 4- Registration Staff.

Basic Occupational Health (syllabus)

No.	Module	Unit
1	Overview of occupational safety and health.	- Introduction and importance of occupational safety and health practice. - History of occupational health. - Taking an occupational history.
2	Classification of hazards and control measures.	- Hazard categories. - Prevention and control of hazards. - Personal Protective Equipment (PPE).
3	Safe work procedures.	- Risk assessment and management. - Medical surveillance.
4	Occupational safety and health management in health facilities.	- Occupational and work-related diseases. (recognition and management) - Elements of occupational safety and health management. - Fitness for work. - Documentation and reporting of occupational diseases. - Workplace health promotion.

Roles and Responsibilities of the approved facility:

- 1- To comply with the occupational health and safety rules and regulations.
- 2- To perform the initial pre-placement and periodic health examination according to the Ministry of Health guidelines and depending to the risk of exposure.
- 3- To report the recommendations and the required actions to the employer in order to avoid and prevent further exposure in the work field.
- 4- All cases diagnosed with any of the occupational diseases shall be reported to the Ministry of Health and must include the action plan on the prevention of such disease.

- 5- Submitting all the reports to the occupational health unit at the Ministry of health on a regular basis includes but not limited to:
- A. Occupational and medical history.
 - B. The physical examination reports.
 - C. All the relevant tests.
 - D. Doctors reports.
 - E. Action and recommendations.
 - F. All medical records should be kept for 10 years.